

COMMUNITY OUT REACH ACTIVITIES HASTHA (HELPING HANDS) – 2025



01st to 15th April 2025 | 09:00 AM to 12:00 PM
Keragundahalli, Bangalore Urban / Tirumalla pura Rural

About the Program

Community outreach activities play a pivotal role in improving public health, increasing awareness, and addressing the needs of underserved populations. These activities bridge the gap between healthcare professionals and communities, fostering health promotion, disease prevention, and capacity-building initiatives.

Program Overview

Community outreach programs are designed to engage, educate, and empower individuals through various health interventions. These activities include:

- Free health check-up camps
- Awareness campaigns on communicable and non-communicable diseases
- Health education sessions on hygiene, nutrition, and maternal health
- Vaccination and immunization drives
- Screening programs for chronic diseases like diabetes, hypertension, and cancer
- First aid and emergency response training
- Mental health awareness workshops
- Waste management and environmental health initiatives

Expected Outcome

- Increased health literacy and awareness among community members.
- Early detection and management of common health conditions.
- Improved accessibility to primary healthcare services for vulnerable populations.
- Strengthened community participation and self-reliance in health initiatives.

Organizing Committee

ADVISORY COMMITTEE

- Prof. Devi Nanjappan, Principal Smt Nagarathnamma College of nursing

FACULTY COORDINATOR

- Dr. Vijaya Malar S, Professor & Head of the department of Community Health nursing, Smt.Nagarathnamma College of Nursing
- Ms.Deepthi Roy, Lecturer department of Community Health nursing, Smt.Nagarathnamma College of Nursing
- Mr.Shaaid, Lecturer department of Community Health nursing, Smt.Nagarathnamma College of Nursing

STUDENT COORDINATOR

- Mr. Sujith Yohannan, Fourth Year B.sc Nursing
- Ms. Sara, Fourth Year B.sc Nursing
- Ms.kavya, Fourth Year B.sc Nursing
- Ms.Nandhini, Fourth Year B.sc Nursing

Program Schedule

From 01-April-2025 to 15-April-2025

Date/Time	Events/Activities	Place
01/04/2025, 9:00am - 12:30pm	Inauguration and Orientation program	Keragundahalli /Thirumalla pura
02/04/2025, 9:00am - 12:30pm	Health fairs with free screenings (BP, diabetes, BMI, vision, dental checkups)	Keragundahalli /Thirumalla pura
03/04/2025, 9:00am - 12:30pm	Vaccination drives (Polio, Hepatitis, HPV)	Keragundahalli /Thirumalla pura
04/04/2025, 9:00am - 12:30pm	Family planning and reproductive health counseling	Keragundahalli /Thirumalla pura
05/04/2025, 9:00am - 12:30pm	Water sanitation and hygiene (WASH) campaigns	Keragundahalli /Thirumalla pura
06/04/2025, 9:00am - 12:30pm	Social and recreational programs for the elderly	Keragundahalli /Thirumalla pura
07/04/2025, 9:00am - 12:30pm	Social and recreational programs for the elderly	Keragundahalli /Thirumalla pura
08/04/2025, 9:00am - 12:30pm	Nutritional support programs for malnourished children	Keragundahalli /Thirumalla pura
09/04/2025, 9:00am - 12:30pm	Menstrual hygiene management awareness	Keragundahalli /Thirumalla pura
10/04/2025, 9:00am - 12:30pm	Anti-drug and anti-tobacco campaigns	Keragundahalli /Thirumalla pura
11/04/2025, 9:00am - 12:30pm	Awareness campaigns on communicable & non-communicable diseases (HIV/AIDS, TB, Malaria, Hypertension, Diabetes)	Keragundahalli /Thirumalla pura
12/04/2025, 9:00am - 12:30pm	Swachhtha Abhiyan: Pledge on Swachh Bharat Abhiyaan Cleanliness drives	Keragundahalli /Thirumalla pura
13/04/2025, 9:00am - 12:30pm	Health Mela-Street Play	Keragundahalli /Thirumalla pura
14/04/2025, 9:00am - 12:30pm	Mass Health Education / Prevention Of Vector Borne Diseases/Prevention of AIDS /Menstrual health	Keragundahalli /Thirumalla pura
15/04/2025, 9:00am - 12:30pm	Diet exhibition	Keragundahalli /Thirumalla pura



Smt. Nagarathnamma College of Nursing

Acharya Dr. S. Radhakrishnan Road, Acharya P.O
Soladevanahalli, Bangalore - 560107, Karnataka, India.

LOCATE US

Event Coordinator

Dr. Vijaya Malar S, Professor

Head of the department of Community Health nursing